

AGENDA
Advisory Meeting of May 3, 2016
(Meetings are the first Tuesday of each month at 10:00am)
Hermosa Five-O Senior Activity Center
710 Pier Avenue, Hermosa Beach

PARKS, RECREATION AND COMMUNITY RESOURCES ADVISORY COMMISSION LIASON
Isabel Rodriguez

CURRENT REPRESENTATIVES

Marilyn Shaw Bingo - **Judith Schecter** Brain Fitness - **Doris Usui/Sandy Marchese** Comedy Improv
David Lombard – No Cost Computer Help - **Arlette Nelson** French, Spanish - **Jan Stewart** Movie Time
John Lange – Ping Pong - **Moneca Vance** Shakespeare Study Club, Writers Group
Marc Saldana Tai Chi, Agility, Balance and Coordination (ABC) - **Carol Tanner** Tennis
Bob Powell Home Electronics Club - **Teri Thompson** Yoga, Strength Classes, Stretch Classes - **Ruth** Mindfulness

CITY STAFF REPRESENTATIVES

Lisa Nichols, Recreation Coordinator – **Kambria Diers**, Office Assistant

COMMUNICATION BOX: RECEIVED

None

CLASS PROPOSALS: RECEIVED

Class proposals are limited to three minutes each and will be timed.

Chanel Garcia/First Light Home Care – Bone Health Made Easy (Attachment A)

Vinay P. Dabir - Yoga for Seniors (Attachment B)

Farrah M. Harder – Beginner Hawaiian Hula (Attachment C)

Sharkie Zartman – Taking on Aging as a Sport; The Athletic Approach to Aging (Attachment D)

STAFF PROJECTS

Basic Cable on TV's

Ceiling fans for kitchen side

Professional facility cleaning

FUTURE SPECIAL EVENTS

Hermosa Five-O Open House (6 year anniversary) – MUST POSTPONE

- Combine with annual Summer BBQ?
- Hold separately in late June or late July having the barbeque in August?

MISC. ITEMS

Fiesta Hermosa

- Accepting volunteer sign-ups for booth

Police Department Safety Fair: Saturday, June 18 from 10am-2pm

- Volunteers: Isabel, Arlette, John?

Farmer's Market Booth: Summer Months

- Volunteers: Arlette & Isabel

ROUND TABLE

MONTHLY ADVISORY MEETINGS ARE OPEN TO ALL THOSE IN THE SOUTH BAY OVER THE AGE OF 50