

AGENDA
Advisory Meeting of April 5, 2016
(Meetings are the first Tuesday of each month at 10:00am)
Hermosa Five-O Senior Activity Center
710 Pier Avenue, Hermosa Beach

PARKS, RECREATION AND COMMUNITY RESOURCES ADVISORY COMMISSION LIASON
Isabel Rodriguez

CURRENT REPRESENTATIVES

Marilyn Shaw Bingo - **Judith Schecter** Brain Fitness - **Doris Usui/Sandy Marchese** Comedy Improv
David Lombard – No Cost Computer Help - Arlette **Nelson** French, Spanish - **Jan Stewart** Movie Time
John Lange – Ping Pong - **Moneca Vance** Shakespeare Study Club, Writers Group
Marc Saldana Tai Chi, Agility, Balance and Coordination (ABC) - **Carol Tanner** Tennis
Bob Powell Home Electronics Club - **Teri Thompson** Yoga, Strength Classes, Stretch Classes - **Ruth** Mindfulness

CITY STAFF REPRESENTATIVES

Lisa Nichols, Recreation Coordinator – **Kambria Diers**, Office Assistant

COMMUNICATION BOX: RECEIVED

Movie Suggestions

CLASS PROPOSALS: RECEIVED

Larry Roberts of First Light Home Care of South Bay: First Aid for the Senior (Attachment A)

STAFF PROJECTS

Basic Cable on TV's

Ceiling fans for kitchen side

Professional facility cleaning

FUTURE SPECIAL EVENTS

Hermosa Five-O Open House (6 year anniversary) – Friday, June 3, 2016 3-5pm (Attachment B)

Performers: The Hollywood Stars of Magic

Ad: Easy Reader

Representative Sign-Ups (wear polo)

Food: fruit kabobs, pigs in blanket, pin wheel sandwiches, veggie chips and dip, punch

Goody Bags: greeting cards, bingo gift certificate, free class certificate, etc.

Room setup: slideshow playing on both televisions, rooms bordered with program flyers

MISC. ITEMS

Report from David Lombard

March 18th's Maximizing Medicare Benefits Presentation report

Current projects: Advance Care Directives workshop with Providence Institute for Human Caring and Tech Seniors Program with Mira Costa High School with Hermosa Five-O. (More information at <http://goo.gl/nKvbWq>)

Police Department Safety Fair: Saturday, June 18 from 10am-2pm

Need two volunteers to run the booth to arrive by 9:30am.

Emergency Preparedness Advisory Commission – Emergency Magnets update

Will include contact information for local police, fire, etc.

ROUND TABLE

MONTHLY ADVISORY MEETINGS ARE OPEN TO ALL THOSE IN THE SOUTH BAY OVER THE AGE OF 50